



2012-2016 State Plan Plain Language Version

Introduction

State Councils on Developmental Disabilities get money from the Administration on Developmental Disabilities (ADD) to do advocacy and other things that help individuals with developmental disabilities make choices about their life and be independent, productive and a member of the community. Every 5 years, Councils develop a State Plan about how they will help people.

To respond to local communities there are 13 Area Boards on Developmental Disabilities which are part of the Council. The area boards developed local plans with their community and those became part of the State Plan

2012-16 STATE GOALS

Goal #1

Individuals with developmental disabilities get the help they need to be a part of the community and control their lives

Objectives

1a) The Council will support a statewide self-advocacy network

1b) The Council will help start 23 new self-advocacy groups in different parts of the State. We will help 370 more people be part of self advocacy groups.



developmental disabilities to become leaders.

1c) The Council will teach at least 2800 self-advocates about their rights.

1d) The Council will help at least 31 groups of youth and people with different disabilities to have better leaders.

1e) At least 125 individuals with developmental disabilities will be trained so they can train other people with

Goal #2:

People know their rights and get the supports and services they need



Objectives

2a) Every year, the Council will advocate for 1,700 people and families, including at least 300 who don't speak English well.

2b) Every year people will be trained so they know their rights through 225 trainings, conferences and workshops.

2c)

The Council will work together with 80 schools and others, so that youth and adults with developmental disabilities can make their lives better.

2d) The Council will work to protect the rights of residents in Developmental Centers and other large facilities. The Council will be a part of any closure of a developmental center.

Goal #3:

People say how they feel about their



services and if they feel their needs are met.



Objectives

3a) The Council will complete 8400 surveys so people can say what they think of their services.

3b) The Council will advocate and promote self determination.

Goal #4

Police, lawyers, medics and others learn how to help people with developmental disabilities.

Objectives

4a) The Council will work with 20 local police departments and others to help them work better with people with developmental disabilities.



Goal #5

Individuals with developmental disabilities and their families get the information to be ready for emergencies.

Objectives

5a) At least 400 people and families will learn what to do in case of emergencies.

Goal #6

Youth with developmental disabilities and their families get the help they need when they transition to adult life.

Objectives



6a) At least 450 students with developmental disabilities and their families will get information, advocacy and support during transition to adult life.

Goal #7

Babies and toddlers who have problems with development get the services they need to help them grow.

Objectives

7a) At least 235 parents of babies learn about their rights and how the system can help them.

7b) 350 families who are having trouble getting services for their babies and the professionals who help them, get advocacy and other help through the Council working with Family Resource Centers and others.

Goal #8

The State of California will adopt an Employment First policy for working age individuals with developmental disabilities.

Objectives

8a) The State Council's Employment First Committee will make sure that the employment first policy is put in place.

Goal #9

Adults with developmental disabilities learn how and get the support to get and keep work that pays well.



well.

Objectives

9a) The Council will work with others so that 75 people with developmental disabilities get work that pays well.

9b) The Council will work with colleges and others to make chances for individuals with developmental disabilities to study, be trained, or have other ways to get ready for jobs that pay

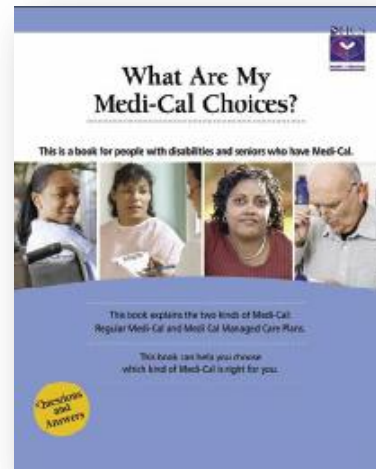
9c) People with developmental disabilities and their families learn about the good things about work.

Goal #10

People know their choices for health care services.

Objectives

10a) At least 200 will learn about Medi-Cal managed care and other changes in how to get health services, including ways to get free or low cost services.



10b) The Council will watch the transition to Medi-Cal managed care at the county level, and help 25 individuals who may have problems.

Goal #11

People have access to accessible housing that they can afford and gives them choices.

Objectives:

11a) The Council will be a part of the regional centers' Community Placement Plan to help residents of developmental centers to move to places they choose in the community.

11b) 520 people will learn about their choices about housing.

Goal #12

There are more housing options in local communities

Objectives

12a) The Council and 10 local non-profit housing corporations will work together to make sure that city and county housing plans consider the needs of people with disabilities.

12b) The Council will work for changes in the laws that help people with developmental disabilities to find housing and to own their



own home.

12c) When a neighborhood doesn't want people with disabilities to live there, the Council will work with lawyers to stop them.

Goal #13

Services like recreation, transportation, childcare, etc. that are available to everyone include people with developmental disabilities.

Objectives

13a) The Council will work with 150 local community agencies and organizations –including child care, recreation, transportation and others - to include people with developmental disabilities.



Goal #14

California has laws and policies that support the independence, productivity, inclusion and self determination of individuals with developmental disabilities and their families



Objectives

14a) The Council will speak up on laws and rules that mean things to people with developmental disabilities.

14b) We will inform 125 legislators about the needs of people with developmental disabilities on 675 occasions.

14c) The Council will use media to tell the public about individuals with developmental

disabilities.

Goal #15

People get information in languages they understand and in a form that reflects their culture.

Objectives

15a) All materials developed by the Council will be translated into plain language and other languages, like Spanish, which are spoken by many people,

